



.D JUNIOR SCHOOL

# PE Curriculum Statement

At Dronfield Junior School, we strive to ensure that during our weekly PE lessons throughout the week, our pupils:

- develop competence to excel in a broad range of physical activities,
- are physically active for sustained periods of time,
- engage in competitive sports and activities and
- lead healthy, active lives.

Each class has one indoor PE lesson and one outdoor PE lesson (in Year 5 one of these lessons is swimming). We base our PE lessons on the Real PE programme which is a unique, child-centred approach to engage and challenge every child in school. In addition, a number of outside accredited sports coaches come into school, to supplement the existing PE Curriculum, and deliver a range of sports including Bikeability (Year 4 and Year 6), tennis (Year 3) and RuggerEds (Year 5). These are also used to inspire the children to join and participate in out of school sport clubs.

In the Summer term we hold our Sports Day at the English Institute of Sport. Prior to the actual Sports Day events, there is an opportunity for all children to attempt a range of sporting activities, including those not available at school, such as long jump, triple jump and high jump as well as the chance to run on track that former Olympians have practised on (eg Jessica Ennis-Hill). We hope that this inspires our children. We also hold a second whole school event which is designed, coordinated and run, by our Bronze Ambassadors.

We have an excellent relationship with our feeder Secondary School, Dronfield Henry Fanshawe School, and also Tupton Hall Secondary School through the North East Derbyshire School Sport Partnership. Larger events and competitions are held at both these venues.

There are a number of Sporting after school clubs available for all children, including boys' football, girls' football, Street Dance, Free Style Dance, netball, running and tag rugby. These can vary during the year, we try to use pupil voice to coordinate activities the children want to attend. We organise football and netball matches over the year, with our cluster schools, to promote healthy competition for our older pupils. We also provide the opportunity for all children in Year 5 to go on a residential visit to Mount Cook where they will be involved in adventurous activities.

We promote active and healthy lifestyles through our Mini Leaders and Bronze Ambassadors. The Year 5 pupils take part in the NHS five60 activity and healthy eating programme for 10 weeks of the year. The school has twice been awarded the Sainsbury's Gold School Sports Kite Mark (2015/2016 and 2016/2017) for delivering, leading and participating in Sports activities, in and out of curriculum time.

